

# Site-specific Learning Objectives

## **LPCH Child Life (Forever Young Zone)**

### **Description**

LPCH Child Life Services are grounded in developmental theory, noting that developmental age plays a key role in determining a child's psychosocial needs, level of understanding, and coping mechanisms during hospitalization experiences. Two areas of clinical emphasis are: (1) engaging children in developmentally appropriate play activities and interactions to assist information processing, decrease stress, and increase coping and mastery related to hospital experiences; and, (2) preparing and assisting children and families in clinical procedures (e.g., VCUGs, MRIs, day hospital chemotherapy)

### **Resident Role and Expectations**

- One half-day experience
- Residents will observe and participate in LPCH Child Life Services. Residents will spend time with a Child Life Specialist in the Central Recreation Room/Forever Young Zone and, if possible, will observe a Child Life Specialist working with a child or adolescent to prepare for a clinical procedure.

### **Address**

Recreation Therapy and Child Life Department  
LPCH 3rd Floor

### **Readings (see PubMed, URL, or DBP Handbook<sup>1</sup>)**

None

### **Educational Goals**

The LPCH Child Life Services experience prepares trainees to:

- Incorporate an understanding of typical child and adolescent development in caring for hospitalized children of different ages.
- Appropriately utilize Child Life Specialists as a resource for: (1) preparing children and families for medical procedures and surgery; and, (2) assisting patients and families in coping with hospitalization

### **Learning Objectives**

Because of participating in the LPCH Child Life Services experience, residents will develop competencies with regard to:

### **MEDICAL KNOWLEDGE**

- MK1. Locate, appraise, and assimilate information from scientific studies related to their patients' health problems
  - Describe how children perceive health-related issues at different developmental levels (e.g., preschooler, school-aged child, preteen, older adolescent)
  - Describe the potential impact of illness, injury, and hospitalization on children at different developmental levels
  - Outline three strategies for supporting coping behaviors in children and adolescents during painful or uncomfortable procedures

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<sup>1</sup> The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care, 3<sup>rd</sup> Edition (2010). M. Augustyn, B. Zuckerman, E.B. Caronna (Eds). Lippincott Williams & Wilkins. Philadelphia, PA.