

Site-specific Learning Objectives

California Children's Services – Medical Therapy Program

Description

The San Mateo County California Children's Services (CCS) Medical Therapy Program (MTP) provides Occupational Therapy (OT) and Physical Therapy (PT) to any child from birth to 21 years old who has an eligible medical condition. CCS physicians provide medical supervision of two Medical Therapy Units (MTU) in San Mateo County, where therapy services can be provided. Some of the conditions that qualify a child to receive CCS MTP services include (but are not limited to) cerebral palsy, spina bifida, muscular dystrophy, rheumatoid arthritis, spinal cord injuries, arthrogryposis, and osteogenesis imperfecta. Eligibility for MTP services is based on the child's medical condition, not on family income. There is a financial eligibility requirement for specialized equipment.

Resident Role and Expectations

- One half-day experience
- Pediatrics residents will function both as observers and, when indicated, as participants in the medical and ancillary therapy programs. Direct supervision will be provided by on-site medical staff.

Addresses

San Mateo CCS Medical Therapy Unit
65 Tower Road, San Mateo, CA 94402

San Bruno CCS Medical Therapy Unit
1280 Commodore Drive, San Bruno, CA 94066

Readings (see PubMed or DBP Handbook¹)

1. Palmer F and Hoon A: *Cerebral Palsy*, in DBP: A Handbook for Primary Care¹

Educational Goals

The CCS-MTU visit prepares trainees to:

- Understand the role of this county- and state-supported program in optimizing functioning of children with cerebral palsy, spina bifida, muscular dystrophy, and other handicapping conditions, generally due to neurological or musculoskeletal disorders.
 - PT is primarily provided to address mobility and ambulation needs.
 - OT is primarily provided to address self help skills or Activities of Daily Living (ADLs).
 - The CCS-MTP physician participates in an interdisciplinary team meeting where the child's medical case management regarding the MTP-eligible condition is determined. This includes PT, OT and recommendations for specialized equipment, such as orthotics/braces, wheelchairs and other assistive devices.
- Advocate for families in obtaining CCS-MTP services for children who have eligible medical conditions.

Learning Objectives (associated with ACGME 52 competencies)

Because of participating in the CCS-MTP experience, residents will develop competencies with regard to:

PATIENT CARE

- PC5. Develop and carry out management plans – Explain how children are referred to CCS-MTP
- PC9. Counsel patients and families - Describe specific interventions and programs available through CCS-MTP

¹ The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care, 3rd Edition (2010). M. Augustyn, B. Zuckerman, E.B. Caronna (Eds). Lippincott Williams & Wilkins. Philadelphia, PA.

Site-specific Learning Objectives

SYSTEMS-BASED PRACTICE

- SBP4. Work effectively in various health care delivery settings and systems relevant to their clinical specialty