Site-specific Learning Objectives

LPCH Child Life (Forever Young Zone)

Description
LPCH Child Life Services are grounded in developmental theory, noting that developmental age plays a key role in determining a child’s psychosocial needs, level of understanding, and coping mechanisms during hospitalization experiences. Two areas of clinical emphasis are: (1) engaging children in developmentally appropriate play activities and interactions to assist information processing, decrease stress, and increase coping and mastery related to hospital experiences; and, (2) preparing and assisting children and families in clinical procedures (e.g., VCUGs, MRIs, day hospital chemotherapy)

Resident Role and Expectations
• One half-day experience
• Residents will observe and participate in LPCH Child Life Services. Residents will spend time with a Child Life Specialist in the Central Recreation Room/Forever Young Zone and, if possible, will observe a Child Life Specialist working with a child or adolescent to prepare for a clinical procedure.

Address
Recreation Therapy and Child Life Department
LPCH 3rd Floor

Readings (see PubMed, URL, or DBP Handbook¹)
None

Educational Goals
The LPCH Child Life Services experience prepares trainees to:
• Incorporate an understanding of typical child and adolescent development in caring for hospitalized children of different ages.
• Appropriately utilize Child Life Specialists as a resource for: (1) preparing children and families for medical procedures and surgery; and, (2) assisting patients and families in coping with hospitalization

Learning Objectives
Because of participating in the LPCH Child Life Services experience, residents will develop competencies with regard to:

MEDICAL KNOWLEDGE
• MK1. Locate, appraise, and assimilate information from scientific studies related to their patients’ health problems
  o Describe how children perceive health-related issues at different developmental levels (e.g., preschooler, school-aged child, preteen, older adolescent)
  o Describe the potential impact of illness, injury, and hospitalization on children at different developmental levels
  o Outline three strategies for supporting coping behaviors in children and adolescents during painful or uncomfortable procedures